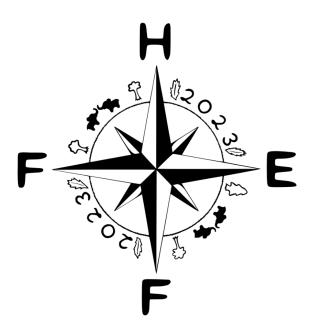
Home Educating Families' Festival 2023



The HEFF 2023 T-shirt design winner

Welcome to the HEFF 2023 festival guide

We're absolutely thrilled to have you join us for another cracking festival tailored for home educating families. Get ready for an extraordinary experience filled with excitement, laughter, and unforgettable memories.

This year we've got a fantastic new venue near Stafford, ensuring all the familiar HEFF magic remains intact. Our amazing program is brimming with fantastic workshops, conference talks, evening entertainments and activities. So check out the schedule, see what's on offer and get ready for an awesome week of fun.

Amidst all the excitement, we want to ensure you have everything you need to make your stay comfortable and safe. In this guide, you'll find useful info about local amenities like A&E facilities, laundrettes, and shops. We've got your convenience in mind, so rest assured, you'll have everything within reach should you need it.

Safety is a priority for us, and that's why you'll also find important site rules to ensure a smooth and secure experience for everyone. But our festival guide is more than just rules, it's your key to unlocking the full potential of your HEFF adventure.

We've created a diverse and engaging program, catering to all interests and ages across several categories such as STEM, Creative, Physical, Performance, Play, Personal Development and more. So, be sure to plan your days wisely to make the most of this exceptional opportunity.



We want to extend a massive thank you to everyone who contributes to the festival's success. Our wonderful festival-goers, dedicated workshop leaders, brilliant performers, inspiring speakers, coordinators, and the incredible crew. Your support, guidance, volunteer time, and love create an awesome buzz that fuels the spirit of HEFF.

We would especially like to thank Wendy Lee and Mark Grief for their tireless work putting together a fantastic and diverse workshops programme.

Now, let's kick off this year's event in style. Join us at the **HEFF Welcome Gathering on Wednesday, 16 August, from 19:30 to 20:30** in the Ingestre Suite. It's the perfect chance to meet both old and new friends, the organisers, and gather essential information about the festival.

Please note that it's important that at least one adult from each family attends the Welcome Gathering, as we'll be sharing important safety information.

Lastly, at the back of this guide, you'll find information on how you can provide feedback after the event. Your input matters and we're eager to hear your thoughts, suggestions, and experiences.

Let the magic begin – welcome to HEFF 2023!

Team HEFF

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IMPORTANT INFORMATION

Safety on site

We want everyone to have a fun time and to be safe during the event. We have to have a limited number of rules in place to make this so: Please ensure you familiarise yourself with the essential information below.

Parental Supervision

Everyone aged under 18 on the site must have a named and contactable adult (over 21) responsible for them, and that adult must provide a level of supervision which is appropriate to the child's age and maturity **at all times**. The adult must be on the site throughout the period that the child is on site and should be contactable via phone in case of any emergency. If you are responsible for a child who is old enough to be apart from you, please ensure that your phone and your child/ren's phones are charged and can be used to contact each other at ALL times (there are numerous sockets available in the main building, workshop areas and the games room for charging phones).

It would be especially useful if a parent's/guardian's telephone number was displayed on younger children's wristbands, as it is not unknown for younger children to get confused or separated on site. This will make it easier for us to reunite a missing child with their parents.

It is also the parent/guardian responsibility to check, with the Workshop Leader, if adult supervision is needed at the start of each workshop.

Traffic

Speed limit on site is 5 mph (that's walking speed). No vehicles may move on the site during the hours of darkness, and the vehicular access gates will be locked between dusk and 9am.

There will be unrestricted vehicle access to vehicles in the car park to the west of the Showground (i.e. on the opposite side of the road to the Showground main entrance), therefore if you are likely to need 24 hour access to your vehicle, it would be wise to park it there. It is linked to the Showground via a walkway under the main road. Vehicles that remain on

site must not be reversed at any time without a responsible adult looking out behind.

We cannot guarantee that if you park your car by your tent you will be able to move it again before the end of the event. The camping area will be quite full and it may get blocked in. Vehicles must not be parked directly adjacent to roads inside the site.

We strongly recommend that, after you have unloaded, you take your car to the car park opposite the Showground (as described above).

Electric Vehicle Charging

There is an electric vehicle charging point on the site. To ensure that this can be available to all who may potentially need it, you are asked to move your vehicle from the vicinity when it has completed its charge. Whilst your car is charging, please display either your mobile number or HEFF booking reference. This is in case we have to ask you to move.

Site Evacuation

In the unlikely event of an evacuation of the site, vehicles must not be moved. Follow the crew directions to move to a safe location on foot. Do not re-enter the site or evacuated area until you are told it is safe to do so.

Fires and Barbecues

Fires and barbecues which are OFF THE GROUND and only intended for cooking purposes, are permitted. Please do not scorch the grass and please use common sense. Never leave a smouldering barbecue in a tent porch or close to the tent. Carbon Monoxide can kill silently.

Smoking

If you smoke, please take extreme care not to start a fire or leave litter and please be considerate of others around you. You must neither smoke inside any building on the Showground nor within 5 metres of any entrance to one

Drugs

No illegal substances may be brought on to the site. Anyone in possession of drugs will be asked to leave immediately and the police may be informed. Parents please ensure that older children are aware of this. For the sake of our community please do not put future events at risk.

Alcohol

There will be no alcohol for sale on the site. You are reminded that it is a serious criminal offence to supply alcohol to anyone under the age of 18. Our crew will return any young person considered at risk to the care of their responsible adult, or call the adult to come and take responsibility for their welfare

Bullying

As an organisation we do not accept bullying. Everyone should feel safe at our events. While we do not want to be involved in every little dispute, please bring any concerns of a serious nature to the attention of the crew or Board members.

Safeguarding

If you have concerns about the welfare of a child or vulnerable person, the safeguarding lead Ally MacDonald can be contacted by email at safeguarding@hefestivals.co.uk or by mobile on 07368 248 414.

Alternatively, ask a crew or board member to help get in touch.

Showground Facilities

We would request that you treat all facilities at the Showground with respect. In addition to this, there are a few areas which are out of bounds and therefore nobody should be accessing the following areas:

- ➤ The Main Ring (except during scheduled activities)
- The Grandstand
- ➤ Bingley Hall (excluding, shop, showers, first aid and toilets)

- > The model railway area
- > The building near the railway that is a club area
- We are using all the other areas of the Showground for workshops and other events.

Equipment and Facilities

Please be mindful that we are guests on Staffordshire Showground and ask that you respect all the facilities in an appropriate way. Please do not in any way tamper with or damage any fixtures or fittings; if you discover damage, please let crew or Board members know immediately.

If you want to put up a sign or a poster, please talk to crew members at the event office to find a suitable place.

Flying Items

No drones, model aircraft or sky lanterns to be used on site.

Dogs

Dogs must be on a lead at all times, and any mess cleared up immediately and disposed of in the skips provided. The area to the south of the main Showground should be used for dog walking. This is accessible via a footpath which runs beside the Games Hall.

Water

Do not waste water or allow your children to do so. Taps must not be left running. Washing up must <u>not</u> be done at the drinking water taps; there is one permanent dedicated area for washing of dishes at the toilet block on the northern side of the site, and another beside the Games Hall.

Health & Hygiene

Rubbish

There will be large bins available for rubbish disposal located near the entrance to the Prestwood building. We would ask that all food and foul waste be bagged.

Toilets

The toilets are being cleaned by the HEFF crew, please respect them by minimising litter and mess in the toilets and contact the festival office or a crew member with a radio if there are any issues.

It would be really helpful to everyone if you could leave toilets and communal areas as clean as you can. Please make our task easier by using the bins provided for any non flushable waste.

Showers

There are male and female showers at the entrance to Bingley Hall. There is an accessible shower in Zone H of the camping area, which is reserved for those with an accessibility need. All showers are free to use for festival visitors:

- ➤ Wherever possible, please limit time in the shower to 10 minutes
- Please clear all of your belongings when you finish in the shower.

Stomach bugs and hygiene

Fortunately, our last few festivals were pretty much free of stomach bugs. To avoid spreading disease we would ask you:

- > Not to do anything which might contaminate the water points
- Not to wash out any toilet related items at the taps; there are dedicated Elsan disposal points adjacent to the toilet block to the north of the site and next to the Margaret Everton Pavilion.
- All dog mess must be bagged immediately and taken to the rubbish bins. It must not be disposed of in any other way
- Please do not wash your pots and pans in the sinks inside the toilet block, use the permanent washing up stations

Freezer Blocks

If you need to refreeze freezer blocks, we have a system in place whereby this can be done by leaving your blocks in a plastic bag labelled with your name for easy identification inside the Grandstand Café by 12 noon each day. These will then be frozen and taken out of the freezer at 12 noon the following day. The café is doing this as a favour to us without charge. Please respect these timings and don't ask them to exchange blocks at other times as they can only open the freezer a limited number of times.

Weather

English summer is known to be fierce at times - it just can't make up its mind. Remember to stay hydrated to prevent heat stroke, pack and apply sunblock as required and ensure children are suitably protected.

We have a safety plan in the case of a thunderstorm passing overhead. Please comply with crew instructions.

Noise

Whilst the Staffordshire Showground is less sensitive as far as noise spilling off the site is concerned than some other sites, we still ask that you respect your fellow campers and don't use amplified music or percussion in the camping areas at night, and keep conversations at a reasonable level.

Quiet zone

Special rules apply in the quiet zone, which is on the extreme north of the Showground. Please keep this area as quiet as possible, especially after dark.

Photography & Filming

Unfortunately Bridget, our official photographer, is unwell and unable to attend this year. Paul Bendall has very kindly offered to take her place and will be taking photographs around the site which can be used to publicise future events. All photos and videos will be property of HEFF. Paul will have a crew badge. If you are concerned and do not want yourself or your child photographed, please speak to him. If we use a photograph in social media of you or your child that you are uncomfortable with, please let us know and we will happily remove it.

Festival Office

Telephone 01444 390395 (redirects as appropriate)

Festival office enquiries should be raised at the reception desk near the Ingestre Suite.

All enquiries related to the festival running, bookings, and merchandise sales will be handled from this desk. Lost property will be kept here, as well as "found" children who need to be reclaimed. If you "lose" a child and become concerned, these are also the places to report that, though you may also approach any member of the crew for assistance.

Health, GPs and Hospitals

Emergencies

Call 999 immediately if an ambulance is required. Give the address "Staffordshire Showground, Weston Road, Stafford ST18 0BD", and alert the first aid team (see below). Stewards will ensure the ambulance can find you.

24/7 First Aid

We have our own qualified first aiders (wearing **green HEFF t-shirts**) available 24 hours a day throughout the festival. They can assist with accidents or a sudden medical emergency. Our first aid point will be located (signposted on the map at the back of this booklet) at the front of the Bingley Hall.

For our team of first aiders call: **07774 080 297** or ask a crew member to radio for assistance. Depending on the nature of the incident, the first aiders will either come to you or ask you to meet them at the first aid point.

Our first aiders are not qualified to give advice on, or treatment for, general medical issues. If you need such advice call NHS 111 or arrange to see a GP.

A&E (Accidents & Emergencies)

There are two hospitals with 24 hour A&E about 35 minutes' drive, and during the day there is one with an urgent care unit about 5 minutes from the site (timings dependent on traffic).

NAME & ADDRESS	PHONE (Opening times)	DISTANCE TIME BY CAR
STAFFORD COUNTY HOSPITAL Weston Road Stafford ST16 3SA	01785 - 257731 Closes 10pm	2 miles 5 minutes
NEW CROSS HOSPITAL Wolverhampton Road Heath Town Wolverhampton WV10 0QP	01902 - 307999 24 hrs	19 miles 32 minutes
NORTH STAFFORDSHIRE HOSPITAL Newcastle Road Stoke-on-Trent ST4 6QG	01782 - 715444 24 hrs	19 miles 30 minutes

GP SurgeryThe nearest GP surgery is:

NAME & ADDRESS	PHONE	DISTANCE TIME BY CAR
BEACONSIDE HEALTH CENTRE Weston Road Stafford ST18 0BF	01785 - 214424	1.4 miles 4 minutes

Pharmacy

The nearest pharmacies are:

NAME & ADDRESS	PHONE HOURS	DISTANCE TIME BY CAR
CORNWELL CHEMISTS LTD Weston Road Beaconside Stafford ST18 0BF	01785 - 247360 Mon - Fri 8.30 - 6.00 Sat 9.00 - 12.00 Sun Closed	1.4 miles 4 minutes
LLOYDS PHARMACY Millbank Surgery Millbank Stafford ST16 2AG	01785 - 225851 Mon - Fri 9.00 - 6.00 Sat & Sun Closed	4.3miles 11 minutes
BOOTS PHARMACY 10 - 14 Market Square Stafford ST16 2BD	01785 - 251208 Mon - Fri 9.30 - 5.30 Sat 9.00 - 5.00 Sun Closed	3.1 miles 9 minutes
WESTON ROAD PHARMACY 65 Weston Road Stafford ST16 3RL	01785 - 248888	2.3 miles 6 minutes

Catering

Grandstand Café	Flip n Fast	BadaBean Coffee
Times TBC	11:00 - 20:00	Times TBC
Head over to the Grandstand Cafe, where you can savour delicious breakfast baps, burgers, jacket potatoes, chips, sandwiches, cakes, sausage rolls, crisps, ice cream and more.	Flip n Fast is a 'free-from' catering business. Always 100% vegan and gluten free. They also aim to cater for other food allergies & intolerances. Their core product is crepes, but they also serve a variety of other tasty and nutritious dishes.	For all the coffee lovers out there, make sure to visit the Bada Bean coffee stand. Treat yourself to expertly brewed hot drinks and satisfy your sweet tooth with their scrumptious selection of brownies and treats.

Local Amenities

Groceries

A limited supply of essentials will be available from the onsite shop. Other options include:

NAME & ADDRESS	HOURS	DISTANCE TIME BY CAR
TESCO EXTRA Newport Road Stafford ST16 2HE	Mon - Sat 6am - 12am Sun 10am - 4pm	3.3 miles 10 minutes

SAINSBURYS	Mon - Sat 7am - 10pm	3.3 miles
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Chell Road Stafford ST16 2TF 01785 - 225711	Sun 10am - 4pm	9 minutes
ALDI 5 Kingsmead Retail Park Stafford ST16 3AD	Mon - Sat 8am - 10pm Sun 10am - 4pm	3.2 miles 9 minutes
FARM FOODS Greyfriars Way Retail Park Grey Friars Place Stafford ST16 2SD	Mon - Sat 8am - 8pm Sun 10am - 4pm	4.1 miles 10 minutes
M&S Unit 11 Riverside South Walls Stafford ST16 3PT 01785 - 319421	Mon - Sat 8am - 7pm Sun 10.30am - 4.30pm	2.8 miles 7 minutes
ICELAND 22 Mount Street Gaolgate Street Stafford ST16 2AD 01785 - 245148	7 days a week 8.30am - 6pm	3.6 miles 10 minutes
ASDA Queensway Stafford ST16 3TA	Mon - Fri 6am - 12am Sat 6am - 10pm Sun 10am - 4pm	2.7 miles 7 minutes
LIDL Madford Retail Park Foregate Street Stafford ST16 2QY	Mon - Sat 8am - 10pm Sun 10am - 4pm	3.5 miles 10 minutes

Launderettes

NAME & ADDRESS	PHONE NUMBER HOURS	DISTANCE TIME BY CAR
POSH WASH 18 Charnley Road Stafford ST16 2JX	01785 - 224559 Mon - Fri 8am - 8pm Sat - Sun 9am - 7pm	3.4 miles 7 minutes
CLEAN EXPRESS 50 Holmcroft Road Stafford ST16 1JB 01785 - 228880	Mon - Fri 8.30am - 8pm Sat 8.30am - 12pm Sun Closed	5.2 miles 10 minutes
TUMBLE WASH 6 Burton Square Stafford ST17 9LT 01785 - 212204	Mon - Sat 9am - 6.30pm Sun 10am - 3pm	4.1 miles 10 minutes
COIN OP Weston Road Stafford ST16 3RW 07709 - 546560	Open 7 days a week 7am - 7pm	2.2 miles 5 minutes
JOHNSONS DRY CLEANING Lichfield Road Stafford ST17 4JZ 01785 - 243676	Mon - Sat 9am - 6pm Sun 10am - 4pm	2.9 miles 7 minutes

LAUNDERETTE REVOLUTIONS The Service Station 51 - 53 Gaol Road Stafford ST16 3AR	Open 24 hours 7 days a week	3.9 miles 8 minutes
0800 - 035 6600		

Gas Cylinders

In addition to fuel stations, the following may have gas cylinders:

NAME & ADDRESS	PHONE NO. (IF KNOWN) HOURS	DISTANCE TIME BY CAR
CHILLED KAMPA COMPANY LTD Brookside Business Park,Cold Meece, Stone ST15 0RZ	Mon, Wed, Fri 9am - 5pm Sat 9am - 1pm Tue, Thu, Sun Closed	12 miles 20 minutes
WYNNSTAY STORES 10 Brindley Close Tollgate Industrial Estate Stafford ST16 3SU 01785 - 250595	Mon - Fri 8.30am - 5.30pm Sat 9am - 5pm Sun Closed	3.5 miles 7 minutes
FREEDOM CARAVANS Main Road . Little Haywood Stafford ST18 0TR 01889 - 883088	Mon - Fri 8.30am - 5.30pm Sat 8.30am - 4pm Sun Closed	6 miles 11 minutes

CHASE OUTDOORS 521 Pye Green Road Hednesford Cannock WS12 4LP 01543 - 422212	Mon - Sat 9am - 5.30pm Sun Closed	9 miles 18 minutes
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Banks

All major banks are located in the Market Square in Stafford (approximately 3 miles / 9 minutes)

HEFF 2023 Schedule

<u>Please note</u> that the schedule printed below may be subject to change at any time. You will find the most updated schedule on our website which is accessible via the URL below or the QR code.

hefestivals.co.uk/schedule

Scan the QR code to view and download the latest information



All workshop areas are closed on Wednesday for set-up purposes. The Sports Field and the Games Room can be used from 1pm onwards. The Hall will remain closed until 7pm.

We have a great selection of workshops, conferences, sports, shows, live bands, DJs and so on. It is full on. There is a lot for everyone to enjoy. Some may find it useful to plan ahead as to which workshops you would like to attend. We have major events highlighted in **bold** and we have tried to minimise crossovers at these times.

Some workshops are repeated and some are continuation/daily from previous ones (like yoga). However, with the silk printing, you will need to attend sessions 1 & 2 to complete your project. The workshop will run

twice during the festival, so you will need to attend a 'session 1' and a 'session 2' for relevant continuity.

We respectfully ask that everyone chips in and helps with the setting up (if asked by the workshop leader) and tidying up at the end of a workshop. It just makes for a nice communal feel.

Cinema

There will be films shown in the Boden Room throughout the week. We have included the recommended age restrictions where known. It is entirely up to a parent or responsible adult to decide upon the suitability of any film for their child who wishes to attend.

An asterisk * in the age group column means adult supervision may be required for younger children.

WEDNESDAY 16th

TIME	LEADER	EVENT	LOCATION	REC. AGE
15.30 - 17.00		CINEMA: Night at the Museum	Boden Room	PG
18.00 - 19.00	Team HEFF	Workshop Providers' Meeting	Boden Room	Workshop Leaders and assistants
19.30 - 20.30	HEFF Board	Welcome to HEFF	Ingestre Suite	Everyone
19.30 -21.00		CINEMA: Toy Story	Boden Room	PG
20.30 - 22.00	Live Event	Shamus Oblivion & the Megadeath Morrismen	Ingestre Suite	AII
22.00 - 00.00		CINEMA: School for Good and Evil	Boden Room	12

THURSDAY 17th

Time	Leader	Event	Location	Rec Age Group
08.15 - 09.45	Kay	Hatha Yoga	Ingestre Suite (Back)	11+
09.00 - 10.00	Leah	Peg Planes	Blue Zone	All*
09.00 - 18.00	Tom	Street Art	Social Area (Argyle if raining)	13+

09.30 - 11.00	George	Origami	Yellow Zone	5+
09.30 - 11.30	Stephen	Mothtastic!	Green Zone	All
09.30 - 11.30	Fern	Festival Bunting on Hand Crank Sewing Machines	Red Zone	5+*
09.45 - 11.15	Beth	How to Manage it all as an Home Ed Parent	Boden Room	Adults
10.00 - 11.00	Regan	Tag Rugby	Sports field	All*
10.00 - 11.30	Daisy	Singing from the Heart	Ingestre Suite (Back)	All
10.15 - 11.15	Kelly T	Hungry Hippos	Sandylands	All*
10.15 - 12.15	Stephan	Stomp Rockets	Blue Zone	All
10.30 - 12.00	Jennifer	Kapla club	Argyle	5+*
11.00 - 12.00	Regan	Rounders	Sports field	All*
11.15 - 12.45	Kelly L	British Sign Language for Beginners	Yellow Zone	8+
11.30 -12.30		CONFERENCE Welcome and Ice-breaker	Boden Room	
11.30 -12.30	Tanya	Modern Jive	Ingestre Suite (Front)	5+
11.30 - 13.00	Helen	Weave a summer decoration	Sandylands	All

11.30 - 13.00	Alex H	Juggling & Balancing	Bandstand (Sandylands if raining)	All
11.45 - 12.45	Jo	Rubik's Cube: Beginners	Games Hall	All*
11.45 - 12.45	Hester	Alexander Technique	Green Zone	Adults
12.00 - 14.00	Aliy	Machine Sewing Upcycling	Red Zone	8+*
12.00 - 16.00	STARS	Drug & Alcohol awareness	President's Suite	13+
12.30 - 13.30	Bizz	Ultimate Junior (Frisbee)	Sports field	5 - 13
12.30 - 14.00	Stuart	West African Dance	Ingestre Suite (Back)	11+
12.30 - 14.00	Almudena	Rock Painting	Blue Zone	All
13.00 - 14.00	Belinda Kirk	CONFERENCE Adventure for Wellbeing	Boden Room	
13.00 -14.30	Nicolette	The Periodic Table	Green Zone	8 -13
13.15 - 14.15	Julie	Wing Chun Kung Fu	Sandylands	5+
13.30 - 14.30	Bizz	Ultimate Senior (Frisbee)	Sports field	14+
13.30 - 15.00	Abbie & Laura	Silent Disco	Bandstand	5+*
14.00 - 15.30	Casey	All Stars	Ingestre Suite (Front)	11 - 17

14.15 - 15.45	Sami	Recipe for a Story - Drama	Red Zone	5 - 10
14.15 - 15.45	Robin	Write an Epic Story	Boden Room	8+*
14.15 - 16.15	Kay	Mandalas and Art	Yellow Zone	5+*
14.15 - 16.15	Anna	Carnival Mask Making	Blue Zone	5-17
14.30 - 16.30	Rosie	Silk Painting (Part 1 of 2)	Sandylands	8+
14.45 - 16.15	Tessa	Visioning for Life	Green Zone	11+*
15.00 - 17.00	Rocky	Football	Sports field	All
15.00 - 17.00	твс	Dungeons and Dragons	Games Hall	All*
15.30 - 17.00	Jennifer	Kapla Club	Argyle	5+*
15.30 - 17.30	Emma	Autistic people in Home Education	Ingestre Suite (Back)	14+*
16.00 - 17.30	Robin	Write an Epic Story	Boden Room	8+*
16.00 - 18.00	Joe & Steph	Board Games	Games Hall	All*
16.00 - 18.00	Kim	Upcycled Clothing	Sandylands	All*
16.15 - 17.15	Donna	Junk Craft	Blue Zone	All
16.15 - 17.45	Clare	Teen Yoga for Calm and Relaxation	Red Zone	Teens

17.30 - 18.30	José	DJ S-cool	Ingestre Suite (Front)	5+
17.45 -19.15	James	Open Mic	Boden Room	All
18.00 - 19.00	Dilraj	Kundalini Yoga	Red Zone	All
18.30 - 19.00	Bek	Bedtime Story	Bandstand	Under 5s
19.30 - 21.30	Jenny	Parents of LGBTQ+ YP session	Presidents Suite	Adults
19.30 - 21.15		CINEMA: Pick an 80's Classic	Boden Room	U/PG
20.30 - 22.00	Live Band	Ultimate Greenday	Ingestre Suite	AII
21.30 - 23.45		CINEMA: Pick a 90's Classic	Boden Room	12/15
22.00 - 23.30	Freddie	DJ Fred set	Ingestre Suite	All

FRIDAY 18th

Time	Leader	Event	Location	Rec Age Group
08.15 - 9.45	Kay	Hatha Yoga	Ingestres Suite (Back)	11+
08.30 - 10.30	Rhi	Toddler Play	Green Zone	Under 5s
08.30 - 10.30	Lesley	Orienteering Race	Bandstand	All*
09.00 - 10.30	Alex H	Juggling & Balancing	Bandstand (Sandylands if raining)	All
09.00 - 11.00	Natalie	Free Art	Blue Zone	All
09.00 - 11.00	Aliy	Crafty Creatives	Red Zone	14+
09.30 - 11.00	George	Origami	President's Suite	5+
09.30 - 11.30	lan T	Crazy Golf	Sandylands	5+
09.45 - 11.15	Beth	How to Manage it all as a Home Ed Parent	Boden Room	Adults
10.00 - 11.00	Tanya	Modern Jive	Ingestre Suite (Front)	5+
10.00 - 11.00	Regan	Tag Rugby	Sports Field	All*
10.00 - 11.30	Jennifer	Kapla Club	Argyle	5+*
10.45 - 12.45	Tracey	Pyrography	Green Zone	7+*
11.00 - 12.00	Regan	Rounders	Sports Field	All*

11.15 - 12.15	Hester	Alexander Technique	President's suite	Adults
11.15 - 12.45	Sami	Story Acting	Red Zone	5 - 10
11.15 - 12.45	Stuart	West African Dance	Ingestre Suite (Back)	11+
11.15 - 13.15	Almudena	Bracelet Making	Blue Zone	All
11.30 - 12.30	The Conrad Family	CONFERENCE Worldschooling	Boden Room	
11.45 - 12.45	Jo	Rubik's Cube: continued	Games Hall	AII*
12.15 - 13.15	Kelly T	Hungry Hippos	Sandylands	All*
12.30 - 13.30	Donna	Junk Craft	Argyle	All
12.30 - 14.30	Rocky	Football	Sports Field	All
13.00 - 14.00	Randall Hardy	CONFERENCE When Governments are not Listening	Boden Room	
13.00 -14.30	Nicolette	Heat Exchange	Green Zone	8 - 14
13.00 - 14.30	Casey	All Stars	Ingestre Suite (Front)	11 - 17
13.00 - 15.00	Fern	Festival Bunting on Hand Crank Sewing Machines	Red Zone	5+*
13.00 - 15.00	Joe & Fi	Board Games	Games Hall	All*

13.30 - 14.30	Julie	Wing Chun Kung Fu	Sandylands	5+
13.30 - 15.00	Louise	NLP 4 Kids	Yellow Zone	8+*
13.30 - 15.30	Anna	Puppet Making	Blue Zone	5+
13.45 - 15.15	Clare	Yoga: The Menstrual Cycle	President's Suite	11+
14.15 - 15.45	Robin	Write an Epic Story	Boden Room	8+*
14.30 - 16.30	Staffs Fire Brigade	Fire Engine Display	Outside front of Bingley Hall	All
14.45 - 15.45	Simon C	Medieval Dance	Ingestre Suite	All*
14.45 - 16.15	Tessa	Visioning for Life	Green Zone	11+*
15.00 -16.00	Alex N	Magic: The Gathering	Games Hall	8+
15.15 - 16.15	Leah	Minecraft Mosaic Pictures	Yellow Zone	All
15.15 -16.45	Kelly L	Sensory Kit Making	Red Zone	5+*
15.30 - 17.00	Emma	Autistic people in Home Education	President's Suite	14+*
15.45 - 17.45	Rosie	Silk Painting (Part 2 of 2)	Blue Zone	8+
16.00 - 17.00	Simon C	English Morris Dancing	Ingestre Suite	All*
16.00 - 17.00	Helen	Weave A Summer Decoration	Sandylands	All

16.00 - 17.30	Robin	Write an Epic Story	Boden Room	8+*
16.00 - 17.30	Jennifer	Kapla Club	Argyle	5+*
16.00 - 18.00	ТВС	Dungeons and Dragons	Games Hall	All*
16.30 - 18.00	Abbie & Laura	Silent Disco	Bandstand (Argyle if rainy)	5+*
17.00 - 18.00	Dilraj	Kundalini Yoga	Red Zone	All
17.15 - 18.15	José	DJ S-cool	Ingestre Suite (Front)	5+
17.45 - 19.15	James	Open Mic	Boden Room	All
18.30 - 19.00	Bek	Bedtime Story	Bandstand	Under 5s*
19.30 - 21.30	Banter	Ceilidh	Ingestre Suite	All*
19.30 - 21.30	Ally Mac	LGBTQ+ young people's session	President's Suite	Under 21's
19.30 - 21.15		CINEMA: Comedy night	Boden Room	PG
21.30 - 23.00	Kai	Kainite DJ Set	Ingestre Suite	All
21.30 - 23.45		CINEMA: Comedy night	Boden Room	12/15

SATURDAY 19th

Time	Leader	Event	Location	Rec Age Group
08.15 - 09.45	Kay	Hatha Yoga	Ingestre Suite (Back)	11+
08.45 - 10.15	Leah	Play Dough Mindfulness	Blue Zone	Under 7s*
09.00 - 11.00	Dawn	Resilience Skills for Life	Boden Room	16+
09.00 - 11.00	Stephen	Mothtastic!	Green Zone	All
09.00 - 11.00	lan T	Crazy Golf	Sandylands	5+
09.00 - 11.00	Rosie	Silk Painting (Part 1 of 2)	Sandylands	8+
09.00 - 11.00	Stephan G	Stomp Rockets	Argyle	All
09.15 - 11.15	Simon	Our World Through a Microscope	Yellow Zone	All*
10.00 - 11.30	Daisy	Singing from the Heart	Ingestre Suite (Back)	All
10.00 - 12.00	Sophie	First Aid - CPR	President's Suite	8+*
10.30 - 12.00	Helen	Boho Headdress	Blue zone	All*
10.30 - 12.30	Fi & Steph	Board Games	Games Hall	All*
10.45 - 12.15	Sami	Recipe for a Story - Drama	Red Zone	5-10 yrs*

11.00 - 12.00	Bizz	Ultimate Junior (Frisbee)	Sports field	5 - 13
11.30 - 12.30	Kelly T	Hungry Hippos	Sandylands	All*
11.30 - 12.30	Anne Buglass and Pam Moore	CONFERENCE We love maths! (Presentation)	Boden Room	
11.30 - 12.30	Tanya	Modern Jive	Ingestre Suite (Front)	5+
11.30 - 13.00	Nicolette	Robots and Algorithms	Yellow Zone	8 - 15
12.00 - 13.00	Bizz	Ultimate Senior (Frisbee)	Sports field	14+
12.15 - 13.45	Almudena	Magic Wands	Blue Zone	All
12.15 - 13.45	Abbie & Laura	Silent Disco	Bandstand (Argyle if rainy)	5+*
12.30 - 14.00	Stuart	West African Dance	Ingestre Suite (Back)	11+
12.30 - 14.30	Dawn	Resilience Skills for Life	President's Suite	16+
12.30 - 14.30	твс	Dungeons and Dragons	Games Hall	All*
12.45 - 13.45	Julie	Wing Chun Kung Fu	Sandylands	5+
13.00 - 14.00	Anne Buglass and Pam Moore	CONFERENCE Learning Maths while Laughing	Boden Room	

13.00 - 14.30	George	Origami	Green Zone	5+
13.15 - 14.45	Alex H	Juggling and Balancing	Sports field (Argyle if rainy)	All
13.15 - 14.45	Tessa	Visioning for Life	Yellow Zone	11+*
14.00 - 15.30	Casey	All Stars	Ingestre Suite (Front)	11 - 17
14.00 - 16.00	Kim	Upcycled Clothing	Blue Zone	All*
14.00 -16.00	HEFF	HEFF-a-Mart	Main Ring (Sandylands if rainy)	All
14.00 -16.00	Pip	Tie Dye	Main Ring (Sandylands if rainy)	All*
14.15 -16.15	Ann Charles	CONFERENCE HELPing to Protect Home Education	Boden Room	All
15.00 - 16.00	Alex N	Magic: The Gathering	Games Hall	8+
15.00 - 16.00	Hester	Alexander Technique	President's suite	Adults
15.00 - 17.00	Rocky	Football	Sports Field	All
15.45 -16.45	José	DJ S-cool	Ingestre Suite (Front)	5+
16.00 - 17.00	Dilraj	Kundalini Yoga	Red Zone	All
16.00 - 17.30	Jo	Rubik's Cube Drop In Clinic	Games Hall	All*

22.30 - 00.00	Freddie	DJ Fred set	Ingestre Suite	AII
21.30 - 00.15		CINEMA: Pick an LGBTQ movie	Boden Room	12/15
20.30 - 22.30	Live Band	Haze	Ingestre Suite	AII*
19.30 - 21.30		CINEMA: Pick a musical	Boden Room	PG/12
19.30 - 21.30	Jenny	Parents of LGBTQ+ YP	President's Suite	Adults
17.30 - 19.30		Kids' Cabaret	Ingestre Suite	Under 18
16.30 - 18.45		CINEMA: Pick a Star Wars Movie	Boden Room	PG/12
16.15 - 17.15	Donna	Junk Craft	Blue Zone	All

SUNDAY 20th

Time	Leader	Event	Location	Rec Age Group
08.15 - 09.45	Kay	Hatha Yoga	Ingestre Suite (Back)	11+
09.00 - 10.00	Leah	Peg Planes	Blue Zone	All*
09.00 - 10.30	Emma	Environmental Talk	Boden Room	8+
09.00 - 11.00	Rhi	Toddler Play	Yellow zone	Under 5s
09.30 - 11.30	Natalie	Free Art	Sandylands	All

10.00 - 11.00	Lisa	Changing Lives One Colour at a Time	President's suite	Adults
10.00 - 11.30	Daisy	Singing from the Heart	Ingestre Suite (Back)	All*
10.00 - 11.30	Alex H	Juggling and Balancing	Bandstand (Sandylands if rainy)	All
10.15 - 11.45	Helen	Nature Clay	Blue zone	All*
10.30 - 16.30		Rail Rides (15 minute intervals)	The Model Railway Area	Under 8s need an adult
11.00 - 13.00	Tracey	Pyrography	Red Zone	7+*
11.00 - 13.00	твс	Dungeons and Dragons	Games Hall	All*
11.15 - 12.45	Nicolette	The Periodic Table	Yellow Zone	8 - 13
11.15 - 12.45	Clare	Teen Yoga	President's Suite	Teens
11.30 - 12.30	Tanya	Modern Jive	Ingestre Suite (Front)	5+
11.30 - 12.30	Alison Sauer	CONFERENCE The Global Picture	Boden Room	
11.45 - 12.45	Julie	Wing Chun Kung Fu	Sandylands	5+
12.00 - 13.30	Almudena	Magic Wands	Blue zone	All
12.30 - 14.00	Louise	NLP 4 Kids	Green Zone	8+*

12.30 - 14.30	Rocky	Football	Sports Field	All
12.45 - 14.45	Sophie	First Aid - CPR and Basic Bandages	Ingestre Suite (Front)	8+*
13.00 - 14.00	Kelly T	Hungry Hippos	Sandylands	All*
13.00 - 14.00	Juliet English	CONFERENCE Big Picture Thinking	Boden Room	
13.00 - 14.00	Lisa	Changing Lives One Colour at a Time - Young People	Presidents suite	8+*
13.00 - 14.00	Donna	Junk Craft	Argyle	All
13.00 - 15.00	Lesley	Orienteering Race	Bandstand	All*
13.00 - 15.00	Joe & Steph	Board Games	Games Hall	All*
13.15 - 15.15	Kay	Mandalas and Art	Red Zone	5+*
13.15 - 15.15	Aliy	Crafty Creatives	Yellow Zone	14+
13.45 - 15.45	Anna	Carnival Mask Making	Blue Zone	5-17
14.15 - 15.45	Kelly L	British Sign Language for Beginners	Green Zone	8+
14.30 - 15.30	Lisa	Changing Lives One Colour at a Time	Presidents Suite	Adults

14.45 - 15.45	Hester	Alexander Technique	Ingestre Suite (Back)	Adults
15.00 - 17.15		CINEMA: Matilda the musical	Boden Room	PG
16.00 - 17.30	HEFF Board	COMMUNITY MEETING	Ingestre Suite	All*
17.45 - 19.15	James	Open Mic	Boden Room	All
18.00 - 19.00	Jose	DJ S-cool	Ingestre Suite (Front)	5+
18.00 - 19.00	Dilraj	Kundalini Yoga	Red Zone	All
18.00 - 19.00	Emmanuelle	Scottish Meetup	President's Suite	Adults
19.30 - 21.30	Ally Mac	LGBTQ+ young people's session	President's Suite	Under 21's
19.30 - 21.15		CINEMA: Pick a marvel movie marathon	Boden Room	PG/12
20.30 - 22.00	Live Act	Funke and The Two Tone Baby	Ingestre Suite	All*
22.00 - 23.30	Kai	Kainite DJ Set	Ingestre Suite	All

MONDAY 21st

Time	Leader	Event	Location	Rec Age Group
08.15 - 09.45	Kay	Hatha Yoga	Ingestre Suite	11+
09.00 - 10.30	Leah	Play Dough Mindfulness	Blue Zone	Under 7s*
09.15 - 11.15	Stephen	Mothtastic!	Red Zone	All
09.45 - 11.15	Beth	How to Manage it all as a Home Ed Parent	Boden Room	Adults
10.00 - 10.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
10.00 - 11.30	Daisy	Singing from the Heart	Ingestre Suite (Back)	All
10.00 - 12.00	Michael & Donna	Sports day	Sports Field	All*
10.30 - 12.30	Joe & Fi	Board Games	Games Hall Hall	All*
10.45 - 12.15	Clare	Yoga: The Menstrual Cycle	President's Suite	11+
10.45 - 12.45	Tracey	Pyrography	Green Zone	7+*
10.45 - 12.45	Rosie	Silk Painting (Part 2 of 2) Second Group	Blue Zone	8+
11.00 - 11.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13

11.00 - 17.00	Alex N	Magic: The Gathering Tournament	Games Hall	8+
11.30 - 12.30	Harriet Pattison	CONFERENCE Reading, rebelling, revisioning	Boden Room	
11.30 - 12.30	Tanya	Modern Jive	Ingestre Suite (Front)	5+
11.30 - 13.30	Simon	Our World Through a Microscope	Red zone	All*
12.00 - 12.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
12.30 - 14.00	Stuart	West African Dance	Ingestre Suite (Back)	11+
12.30 - 14.30	Sophie	First Aid - CPR and Basic Bandaging	President's Suite	8+*
13.00 - 13.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
13.00 - 14.00	Nicola Leyland	CONFERENCE Unschooling: A healing response to trauma	Boden Room	
13.00 - 14.30	Nicolette	Heat Exchange	Green Zone	8 - 14
13.00 - 15.00	Stephan	Stomp Rockets	Blue Zone	All
13.00 - 15.00	Anna	Puppet Show	Yellow Zone	5 - 17
13.30 - 15.30	твс	Dungeons and Dragons	Games Hall	All*

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13.45 - 15.45	Kim	Upcycled Clothing	Red Zone	All*
14.00 - 14.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
14.00 - 15.30	Casey	All Stars	Ingestre Suite (Front)	11 - 17
14.00 - 15.30		CINEMA: Pick a Princess Movie	Boden Room	U
14.30 - 16.30	Lesley	Orienteering Race	Bandstand	All*
14.45 - 16.15	Sami	Story Acting	Green Zone	5 - 10
14.45 - 16.15	Tessa	Visioning for Life	President's Suite	11+*
15.00 - 15.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
15.15 - 16.45	Almudena	Rock Painting	Blue Zone	All
15.15 - 17.15	Aliy	Machine Sewing Upcycling	Yellow Zone	8+
15.30 - 17.30	Emma	Autistic people in Home Education	Ingestre Suite (Back)	14+*
15.30 - 17.00		CINEMA: Pick a Pixar Movie	Boden Room	C
16.00 - 16.45	Severn Trent	Wonderful Water Tour	Sandylands	8 - 13
16.00 - 17.00	Regan	Tag Rugby	Sports Field	All*
16.00 - 17.00	Hester	Alexander Technique	Red Zone	Adults
16.30 - 17.30	Helen	Boho Headdress	Green Zone	All*

16.30 - 17.30	Kelly T	Hungry Hippos	Sandylands	All*
16.30 - 18.00	Louise	NLP 4 Kids	President's Suite	8+*
16.45 - 18.15	Abbi & Laura	Silent Disco	Bandstand	5+*
17.00 - 18.00	Donna	Junk Craft	Blue Zone	All
17.00 - 18.00	Regan	Rounders	Sports Field	All*
17.30 - 18.30	Dilraj	Kundalini Yoga	Red Zone	All
17.30 - 18.30	Kelly T	Hungry Hippos	Sandylands	Adults
17.45 - 19.15	James	Open Mic	Boden Room	All
18.30 - 19.00	Bek	Bedtime Story	Bandstand	Under 5s
18.45 - 20.15	José & crew	Kids' Disco	Ingestre Suite	Under 18s
19.30 - 21.30	Jenny	Parents of LGBTQ+ YP session	President's Suite	Adults
19.30 - 21.30		CINEMA: Pick a Tim Burton Movie	Boden Room	PG
21.15 - 22.45	Various	Acoustic Night	Ingestre Suite	All
21.30 - 23.30		CINEMA: Pick a classic teen movie	Boden Room	12/15

TUESDAY 22nd

Time	Leader	Event	Location	Rec Age Group
8.15 - 9.45	Kay	Hatha Yoga	Ingestre Suite (Back)	11+
9.00 - 10.00	Leah	Minecraft Mosaic Pictures	Yellow Zone	All
9.00 - 10.30	Nicolette	Robots and Algorithms	Green Zone	8 - 15
9.00 - 11.00	Natalie	Free Art	Blue Zone	All
9.00 - 11.00	Fern	Festival Bunting on Hand Crank Sewing Machines	President's Suite	5+
9.00 - 11.00	Rhi	Toddler Play	Red Zone	Under 5s
9.45 - 11.15	Beth	How to Manage it all as a Home Ed Parent	Boden Room	Adults
10.00 - 11.30	Daisy	Singing from the Heart	Ingestre Suite (Back)	All
10.15 - 11.15	Kelly T	Hungry Hippos	Sandylands	All*
10.30 - 11.30	Jo	Rubik's Cube Social	Games Hall	All*
10.45 - 12.45	Simon	Our World Through a Microscope	Green Zone	All*
11.15 - 12.15	Hester	Alexander Technique	President's Suite	Adults

11.15 - 12.15	Donna	Junk Craft	Blue Zone	All
11.15 - 12.45	Louise	NLP 4 Kids	Red Zone	8+*
11.30 - 12.30	Kerrin Butterworth	CONFERENCE Listening to ourselves	Boden Room	
11.30 - 13.00	Alex H	Juggling and Balancing	Bandstand	All
11.30 - 13.30	твс	Dungeons and Dragons	Games Hall	All*
11.30 - 13.30	lan	Crazy Golf	Sandylands	5+
12.00 - 13.00	Bizz	Ultimate Junior (Frisbee)	Sports Field	5 - 13*
12.30 - 14.00	George	Origami	Yellow Zone	5+
12.30 - 14.30	Almudena	Bracelet Making	Blue Zone	All
12.30 - 14.30	Steph & Fi	Board Games	Games Hall	All*
13.00 - 14.00	Bizz	Ultimate Senior (Frisbee)	Sports Field	14+
13.00 - 14.00	HE Young Adults	CONFERENCE Young Person's Panel	Boden Room	
13.00 - 14.30	Kelly L	Sensory Kit Making	Red Zone	5+*
13.30 - 14.30	Tanya	Modern Jive	Ingestre Suite (Front)	5+
13.45 - 14.45	Helen	Nature Clay	Sandylands	All*

15.00 - 17.30		HEFF Finalé	Ingestre Suite	AII
17.45 - 18.45	José	DJ S-cool	Ingestre Suite (Front)	5+
17.45 - 18.45	Ally, Brynn & Nicky	Have Your Say	President's Suite	All
17.45 - 19.15	James	Open Mic	Boden Room	All
18.00 - 19.00	Dilraj	Kundalini Yoga	Red Zone	All
18.30 - 19.00	Bek	Bedtime Story	Bandstand	Under 5s
19.30 - 21.30	Ally	LGBTQ+ young people's session	President's Suite	Under 21's
19.30 - 21.15		CINEMA: Your choice	Boden Room	PG
20.30 - 22.00	Live Act	Matt Hartless and the Maverick 7	Ingestre Suite	AII
21.30 - 23.45		CINEMA: Your choice	Boden Room	12/15
22.00 - 23.30	Kai	Kainite DJ Set	Ingestre Suite	All

Conference Schedule

This year's theme: "Empowering Families"

Please note all conference sessions will take place in the Boden Room.

Day	Time	Speaker	Topic
Thu	11.30 - 12.30	Juliet English	Welcome and Icebreaker
I I IIu	13.00 - 14.00	Belinda Kirk	Adventure for Wellbeing
Fri	11.30 - 12.30	The Conrad Family	Worldschooling - Living and Learning Everywhere
	13.00 - 14.00	Randall Hardy	When Governments are not Listening
	11.30 - 12.30	Anne & Pam	We Love Maths
Sat	13.00 - 14.00	Anne & Pam	Learn Maths While Laughing
	14.15 - 15.15	Ann Charles	HELP to protect Home Ed
Cum	11.30 - 12.30	Alison Sauer	The Global Picture
Sun	13.00 - 14.00	Juliet English	Big Picture Thinking
Man	11.30 - 12.30	Harriet Pattison	Reading, Rebelling, Revisioning
Mon	13.00 - 14.00	Nicola Leyland	Unschooling - a Healing Response to Trauma
Tue	11.30 - 12.30	Kerrin Butterworth	Listening to Ourselves
rue	13.00 - 14.00	Juliet English	Home Ed Young Persons Panel

A Fond Farewell

As HEFF2023 draws to a close, we want to extend our gratitude for being a part of this remarkable week. Your presence, energy, and enthusiasm have made this gathering truly extraordinary.

The organised programme ends on Tuesday, 22nd August, and we kindly ask all festival-goers to vacate the site by 12 noon on Wednesday, 23rd August. As we part ways, we'd like to leave the site with a touch of care and consideration.

- ➤ Leave your pitch area gleaming: Please ensure your pitch area is left clean and free of litter, allowing the beautiful surroundings to remain unspoiled for future visitors.
- ➤ Be thoughtful with vehicles: As we prepare to depart, let's ensure the roads are clear and accessible for all. Please avoid obstructing roads with vehicles to be loaded, making the departure a seamless and stress-free process for everyone.
- Merge in turn: while heading towards the exit, let's practise the harmony we've fostered during our time together. If there's a queue, let's merge in turn, displaying the same camaraderie we've cherished throughout the week.

Let's ensure our farewell is as splendid as our arrival. As we bid farewell to another HEFF festival, we carry with us cherished memories, newfound friendships, and the joy of shared experiences.

Before we part ways, we'd like to express our sincere appreciation for your presence, your smiles, and your contributions in making this festival a resounding success. Your support has brought life and spirit to our community.

Until we meet again, may your adventures be filled with joy, laughter, and cherished moments.

With warmest regards and fondest memories,

Team HEFF.

Feedback

www.hefestivals.co.uk www.facebook.com/hefamiliesfestival info@hefestivals.co.uk

We hope you have enjoyed HEFF2023 and we'd love to know what you loved, what you didn't like so much and anything you think could be improved for next year.

There'll be an opportunity to complete the feedback form during the festival at the 'Have Your Say' session on Tuesday or you can respond to the email that will be sent out after the festival has ended.

Your comments and suggestions will be used to shape future festivals. If you want to discuss any aspect of the festival, please come along to the community meeting on Sunday.

You can also feedback online by visiting the link or scanning below:

www.hefestivals.co.uk/feedback



As always, if you have been inspired by the event and wish to be involved in some way, do either speak to one of the organisers or email us on info@hefestivals.co.uk. We would be delighted to hear from you.

